



OFFICIAL CAPTAINS PACKAGE #2

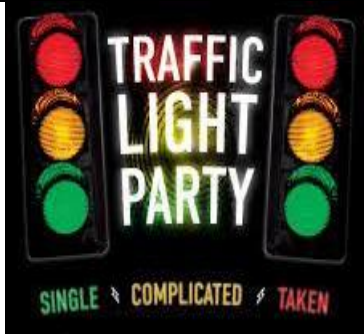



Welcome to the 2024 Kinesiology Games in
Windsor, Ontario




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Night Event Themes!

When?	What?	Where?	How?
Wednesday March 13 th	<p><u>Stop Light Party</u> At the first night event we want to see your relationship status! Wear green if you are single and ready to go, wear red if you are taken, wear yellow if it's complicated or you are unsure and just going with the flow!</p>	<p>Turbo 285 Ouellette Ave, Windsor</p> <p>Walking distance from hotel</p>	
Thursday March 14 th	<p><u>Barbie Dream House</u> Come on Barbie let's go party, are you kenough? We want to see your best barbie fit. Crack out the pink, watch the movie for inspiration. Which Barbie or Ken will you be?</p>	<p>Bull and Barrel, Disco Inferno 670 Ouellette Ave, Windsor</p> <p>Walking distance from hotel</p>	 
Friday March 15 th	<p><u>Reality TV Show!</u> <u>This is a spirit challenge!!!!</u> Pick a show as a team, show us your best fit to match that show Get creative this will be judged at the hotel before the event starts. Survivor, hell's kitchen, jersey shore, too hot to handle, shark tank. Any reality show you can think of. Get creative and be cohesive.</p>	<p>29 Park 29 Park St W, Windsor</p> <p>Walking distance from hotel</p>	

	<p>Points will be given out for cohesion, recognizability, creativity, and overall look</p>		
<p>Saturday March 16th</p>	<p><u>Masquerade Ball!</u> Get dressed up in your nicest attire for our formal. BYOM (bring your own masks). We want to see everyone dressed to the 10's even though we are all 12's. Feel free to bring a change of clothes for the night as we will be staying at our venue for closing ceremonies for the remainder of the night. Think of it as a black-tie event with pops of colour like you are royalty!</p>	<p>Caboto Club 2175 Parent Ave, Windsor</p> <p>We will be bussing to and from here. Bus schedule to be released soon</p>	 

Academics

Check the Academic Package on the Website for Rubrics and more in-depth Rules

When	What	How
Thursday March 14 th	Amazing Race	This will start after your final athletic event of the day. It will be 5 stations from the Toldo Lancer Center through the main campus, riverfront and ending back at the hotel. Each station will be graded, extra points for fastest times. There will be check points you can choose to do to try and get the highest overall score. Somebody will be marking down time started and somebody will be at the hotel waiting for your full team to arrive to mark down time finished.
Friday March 15 th	Case Study Competition	This was released in early January. Please be prepared to present throughout the day. This is an important and big part of the academic score so really plan it out. Be formal, on time and make it unique. You will be allotted 10 minutes in the presentation. 5 for presenting and 5 for questions after. Use your time wisely!
Saturday March 16 th	Bike Quiz	This will be a full team event! Each team will get a bike where they must travel 500m before switching EACH TIME. Over the course of 45 minutes answering as many questions as possible. There will be volunteers or committee members present to let you know when you can get the next set of questions. No phones or smart watches allowed to be used during the event!



Athletics

Please refer to the Athletic Package on the Website for Rules, Regulations, and Scoring

When	What	How
Thursday March 14 th	HaloBall	Similar to basketball but with a floating hoop. This will be ran by the guys who invented Haloball so be nice to them and show that Kin Games spirit.
Friday March 15 th	Fun Fair	A variety of different stations, some of which may be familiar to Kin Games some of which are new. This is going to be a surprise but if there are any recommendations on how to prepare be as agile, quick, and tactical as possible
Friday March 15 th	Bench Ball	In True KG fashion we are playing a form of dodgeball. Similar to everyone's childhood gym classes. The winner will go by wins in the allotted time frame.
Saturday March 16 th	Seated Volleyball	This will be 6 v 6. The rules are similar to volleyball except you must be seated the entire time. The net will be around pickleball height, there will be rotating and to sub people in the must come in when they are in the back middle
Saturday March 16 th	Omnikin ball	This will be 3 teams at a time focused on teamwork and communication. Hitting it in the air if your team gets called you must catch it, make a tripod of people then hit the ball and call out the next team.



Packing List

Things you will need to bring

- Team merch
 - Ex. Jerseys, sweaters, bracelets...
- Athletic Clothes
- Running/ Court shoes! You will not need cleats!
- Trade Merch
- Clothes for the night events (stoplight, barbie, reality tv)
- Formal attire for closing ceremonies (masquerade) this includes dresses, suits, heels, shoes, masquerade masks if possible...
- Bathing suit
- Toiletries
 - Deodorant, cologne/perfume, toothbrush/toothpaste, makeup, hair products, soap, hygiene products...
- Snacks but please **try to be peanut free**
- Windsor is not the coldest place on earth pack accordingly. Bring a winter or spring jacket as we are walking back to the hotel after the conference each day.
- Leave valuables at home where possible! There will be a safe to utilize if needed
- ID's (bring at least two in case you end up at the casino)
- Essentials (phone, wallet, keys...)

Safety Info

These are just the highlights!

There will be nurses and paramedics on standby. They will be in the athletic therapy room at the back of the Toldo Lancer gym. They will have supplies for minor injuries. In case of an emergency call 911

- What to do in case of severe injury or emergency. Find a committee member who will have a walkie and fill them in on the situation they will then know what to do and who to look for.
- If you have an allergy that is considered anaphylaxis, then please bring your epi pen and tell your captain and ambo where it is in case of emergency.
- We WANT KG TO BE PEANUT FREE as there are lots of allergies. Please MAKE SURE ALL SNACKS ARE PEANUT FREE
- During opening ceremonies we will talk about exit strategy if necessary

Participant Responsibilities

Code of Conduct: The KG Committee is committed to fostering an inclusive, respectful and collaborative environment for all participants. By attending and participating in KG, you agree to adhere to the following Code of Conduct: Alcohol & Substance Use Policy In order to maintain a safe, respectful and enjoyable environment for all attendees, the following policy has been established for KG. Please read and adhere to the guidelines outlined below: Respect and Inclusivity - treat all participants, organizers, volunteers and sponsors with respect and courtesy

1. Sportsmanship - demonstrate good sportsmanship at all times
 2. Professionalism - represent your university and yourself in a professional manner
 3. Safety - prioritize safety at all times. Follow venue rules, guidelines and any safety protocols provided by the organizers
 4. Alcohol & Substance Consumption Prohibition - the consumption, possession & distribution of alcohol and substances is strictly prohibited within the event venue
1. Legal Drinking Age - all attendees must comply with the legal drinking age of the event location (19+)
 2. Consequences of Violation - violation of the alcohol and substance use policy may result in immediate removal from the event
 3. Reporting Violations - attendees are encouraged to report any observed violations of the alcohol and substance use policy to event organizers
 4. To provide a safe and inclusive environment for all participants attending KG, harassment of any kind will NOT be tolerated.

This policy outlines our expectations for all attendees and the consequences for violations:

Expected Behaviour - all participants are expected to treat others with respect and consideration

1. Prohibited Conduct - includes but not limited to, offensive comments or jokes related to race, gender, religion, sexual orientation, etc., unwanted attention, advances or inappropriate comments, intimidation, etc.
2. Reporting Procedures - if you experience or witness harassment, please report it immediately to event staff
3. Consequences of Violation - upon receiving a harassment report, event organizers will promptly investigate and take appropriate actions, which may include a verbal warning, removal from event without refund, and involvement of law enforcement if necessary
4. Safety Measures - if you feel your safety is at risk or experience an emergency, please contact local law enforcement immediately
5. Participant Responsibilities Anti-Harassment Policy As you prepare for the exciting experience of KG, it is essential to be mindful of your personal belongings.

Here are some guidelines and information regarding: Recommended Items - Comfortable clothing, athletic shoes, personal hygiene items and any spirit / theme wear related to the nature of KG, driver's licence or another form of government ID, event-specific items (wristbands, teamrelated gear, etc.), weather considerations (warm coat, boots, etc.)

1. Secure Valuables - carry only essential items with you during the event, we recommend leaving the rest at the hotel
 2. Backpacks and Bags - if bringing a backpack or bag, be considerate of others in crowded spaces. Please adhere to the alcohol and substance policy and familiarize yourself with the list of prohibited items
 3. Participant Responsibilities Personal Belongings: Bag Checks All attendees are subject to bag checks and security screening upon entry to the event venue. This is a standard procedure to ensure compliance with set policies and maintain a safe atmosphere for everyone Prohibited Items - weapons or dangerous objects of any kind, illegal substances or paraphernalia, alcohol of any kind
1. Confiscation of Prohibited Items - any prohibited items discovered during bag check or security screening will be confiscated
 2. NOTE: Empty water bottles ARE permitted inside the venue to allow for water refill

Important Information and Schedule

Bus times throughout the weekend ARE NOT OPTIONAL!!! Please be prompt and on time for your scheduled bus time to all events that require transportation. This is for you, your team, and the conference to run smoothly in a timely manner. If your bus time to leave for the school in the morning is 715 am please be ready to leave by 710! Bus schedule will be released shortly

Breakfast will be ready to go in the mornings before buses are all gone. It will be available to grab and go from the hotel in the conference room.

Wednesday March 13 th	
9 am- 6 pm	Arrive at Hotel, Check in
630 pm - 730 pm	Caps Meeting. In conference room at hotel! Mandatory all caps
9 pm – 2 am	Stop Light Party at Turbo

Thursday March 14 th	
7 am – 745 am	Bus from hotel to venue
8 am –9 am	Opening Ceremonies
9 am – 11 am	Dances
11 am – 1145 am	Dance party
12pm – 1 pm	Lunch (kung pao chicken, rice, egg rolls)
1pm – 4 pm	Halo Ball (Athletics)
330 pm – 530 pm	Amazing Race (Academics) this is in the walk back to the hotel
6 pm – 7 pm	Captains meeting. In conference room at hotel Mandatory all caps
7pm – 8 pm	Ambo meeting. In conference room at hotel Mandatory all ambos
9pm – 2 am	Barbie Party at Bull and Barrel / Disco Inferno

Throughout the day teams will rotate stations and activities even though it says a long period of time does not mean you will be at that station the whole day!

Friday March 15 th	
7 am – 745 am	Bus from hotel to venue
8 am – 4 pm	Bench ball (athletics)
830 am – 4 pm	Fun fair (athletics)
830 am – 4 pm	Case study (academics)
12 pm – 1 pm	Lunch (lasagna, garlic twists, Ceasar salad)
10 am – 3 pm	Carrer fair
430 pm-530 pm	Redemption Island Challenge (will learn about this in caps meeting)
6 pm – 7 pm	Captains meeting. In conference room at hotel Mandatory all caps
930 pm – 2 am	Reality TV show night at 29 park

Lunch on this day will be a working lunch and we will be playing through the break. So be mindful of times. For closing ceremonies, we recommend bringing either a change of clothes or footwear as we will be staying at the venue for our final night event.

Saturday March 16 th	
7 am – 7:45 am	Bus from hotel to venue
8 am – 9 am	Bike ride challenge (academics)
9 am – 3 pm	Seated volleyball (athletics)
9 am- 3 pm	Omnikin ball (athletics)
12pm – 1 pm	Lunch (sandwiches, pasta salad)
5:30 pm – 6:15 pm	Bus to closing ceremonies at Caboto club
7pm – 10 pm	Closing ceremonies
10pm – 1:30 am	After party at Caboto club
12:30 am – 1:45 am	Buses back to the hotel
1:45 am onwards	Casino IF you choose to continue the night

Parking at the hotel is 15\$ a day but if you want free parking the casino has 24-hour free parking we just suggest moving it once a day to a different parking spot. (Casino Parking Garage is located at 257 Glengarry Ave)

Upon Arrival at check in there will be a waiver to fill out. You will scan a QR code only after that is filled out by every team member and approved can your team proceed to getting swag bags, merch and so forth.

We will be having a captain’s meeting early March to discuss a few things before the conference. Please keep an eye on the Facebook group for updates, times, links and any other information which your team may need. If you have any questions feel free to ask.

Contact

Please try to find us or a committee member first before calling or emailing.

ONLY USE OUR NUMBERS IN CASE OF EMERGENCY!

Name	Position	Phone Number	Email
Rob Dreyer	Head cord	(905) 931-3420	Rdreyer@kingames.ca
Amanda Purdie	Head Cord	(226) 345-3177	Apurdie@kingames.ca
Ryan Otsuka	Board	(403) 397-0526	Rotsuka@kingames.ca
Mackenzie Prince	Board	(306) 270-1524	Mprince@kingames.ca
Miguel Martinez	Board	(519) 300-5456	Mmartinez@kingames.ca
Holly Rankin	Health and Safety Cord	(519) 615-3413	Safety@kingames.ca
Maddie Pots	Health and Safety Cord	(519) 987-3470	Safety@kingames.ca
Double Tree	Hotel	(519) 977-9777	333 Riverside Dr W, Windsor
Toldo Lancer Center	Venue	(519) 253-3000	2555 College Ave, Windsor
Vets cab	Cab Company	(519) 256-2621	
Police, firefighters, paramedics	First Responders	911	