



**OFFICIAL
CAPTAINS
PACKAGE**

Welcome to the 2024 Kinesiology Games in Windsor, Ontario

What is Kin Games?

Kin Games is the largest student-run undergraduate kinesiology conference in Canada. Over the course of three days, more than 600 students from universities across the country compete in 4 categories: academics, dance, spirit, and athletics. The conference has been an annual event since 1994 and adopted the Kinesiology Games name in 2001.

Message from the 2024 Kinesiology Games Head Coordinators

We want to thank all of you for choosing or being chosen to lead your school's team for Kin Games 2024. It has been a tough couple of years living through a pandemic and having our lives, relationships, and interests put on pause. Yet you all decided to come back with a bang and lead your team to this fantastic conference. We are striving to continue to rebuild Kin Games to surpass its former glory. You all have been so patiently eager that I can't express my appreciation. Finally, the time has come to share the plan.

The committee and board have been working hard to get things in place to ensure you have an amazing experience at the best Kin Games yet! We strive for greatness as we hope every year will surpass the past!

As captains of your team, we expect a lot from you. We are now given a chance to reframe who we are by highlighting all our exceptional qualities and showing everyone what Kin Games is about. We are about the relationships, the positive energy, the bonding through dance, spirit, athletics, and academics, and lastly the celebration of us as exceptional kinesiology students. Therefore, we expect you to lead your team by holding honour and respect for Kin Games with your head high. You are our connection to all the KGers, so we thank you in advance for ensuring our vision is seen and upheld.

We can't wait to see you all in person!

Rob Dreyer and Amanda Purdie

Theme: KG in Reality

This year's theme is "KG in Reality." Inspired by reality TV this year's theme relates perfectly to our experiences at Kin Games as just like any competition reality show we are competing for a prize. We are taking ideas from a variety of shows to make this KG the best one yet. Just like in these shows that rely so strongly on relationships built through social gameplay, winning competitions that are both physical and mental through our athletics and academics and by showing our spirit we can make our dreams a KG reality.

General Conference Information

Dates: March 13-17, 2023

- Check In: March 13, 2024
- Check Out: March 17,2024

Hotel: DoubleTree by Hilton Windsor Hotel and Suites

Address: 333 Riverside Dr W, Windsor, ON N9A 7C5

Website: <https://www.hilton.com/en/hotels/yqgwidt-doubletree-windsor-hotel-and-suites/>

Host: City of Windsor

Team Sizes: 12-18 participants

Requirements: for ALL participants

- 19 years of age by March 13, 2024,
- Enrolled in at least one kinesiology related course OR in the kinesiology department. Ex: Phys. Ed, Athletic Therapy, Recreation Management, etc.
- Enrolled at the school you are playing for (all stars excluded: all stars must be kg alumni's)

Cost: Participant Fee \$550

The fee will cover all costs related to scheduled day events and night events. Including:

- Hotel accommodations for four nights,
- Breakfast snack foods on Thursday, Friday, Saturday, and Sunday,
- Lunch on Thursday, Friday, and Saturday
- Gala supper on Saturday,
- Transportation to and from the venues
- Swag bag and a few surprises that will be disclosed closer to the start of KG.

Not included:

- Suppers throughout the conference besides the Gala,
- Transportation to and from airport/train station
- Team gear (there will be conference merch available for purchase)

Expenses	Cost
Hotel & Meeting Spaces	\$240
Social Events & Ceremonies	\$100
Food & Transportation	\$100
Day Events Facilities	\$50
Swag Bags	\$40
Misc. (marketing, risk management, etc.)	\$20
Total	\$550

NOTE: We will be working hard to reduce this by applying/searching for sponsors and grants. Based on what we can secure, it is possible for the cost to be slightly lowered, which means either the last payment will be lowered, OR we will send a refund back to the e transfer email.

Important Team Dates

November 11	Registration Officially Closes. All schools MUST be fully registered (roster list)
November 24	First Team Payments Due - \$200 per member
December 30	Second Team Payments Due - \$ 200 per member
January 12	Final Add/Drop date for rosters – NO MORE REFUNDS PAST THIS POINT
January 27	Third Team Payments Due - \$150 per member
March 13	Check into hotel
March 14-16	Kin Games Conference
March 17	Check out of hotel

Payment Example

First Team Payment: One team member will send the payment to finance@kingames.ca

If password is required use this: Windsor!

In the comment area of e-transfer state payment #, your school, and # of team members.

Ex) 1st Team Payment, University of Windsor, 18 Team Members.

Tentative Conference Schedule

Wednesday March 13	
8:00-17:00	Check in to hotel
17:00-18:00	Captains Meeting
20:00-2:00	Welcome Social Event
Thursday March 14	
8:00-12:00	Opening Ceremonies
12:00-13:00	Lunch
13:00-16:00	Competition
17:00-18:00	Ambo/Captains Meetings
20:00-2:00	Social Event
Friday March 15	
8:00-12:00	Competition
12:00-13:00	Lunch
13:00-16:00	Competition
17:00-18:00	Ambo/Captains Meetings
20:00-2:00	Social Event
	<i><u>10:00-14:00: Dedicated Career Expo Time</u></i>
Saturday March 16	
8:00-11:00	Competition
11:00-12:00	Lunch
12:00-14:00	Competition
15:00-16:00	Ambo/Captains Meetings
18:00-2:00	Closing Ceremonies
Sunday March 17	
8:00-12:00	Check out of Hotel

Scoring Break Down

Academics – 25%

In order to move closer to being academically recognized by our universities, the academic challenges will be done differently this year. It will consist of four different challenges, some will be physical, some will be started before the conference, but all will be fun and will be completed by the whole team rather than just a select few.

Athletics – 25%

Teams will be competing in athletic events together throughout the conference. There will be 4 unique sports played throughout the conference with a group stage format, followed by a playoff bracket.

Dance – 25%

Dances will be held during the opening ceremonies with a surprise twist for the top 5 teams. Teams will perform a 90 second dance related to the theme of this year's conference. Teams will be marked based on the dance rubric, which will be posted shortly.

Spirit – 25%

Spirit is broken down into 3 categories: Pre-conference spirit challenges (50%), conference spirit challenges (25%), and conference spirit (25%). Conference spirit will be everything at the conference that promotes and embodies the energy and spirit of Kin Games.

Expectations

As I've mentioned, we are working hard to give Kin Games a respected reputation. That means we all need to do our part in representing the good of kin games. That needs to happen not only during the conference but also leading up to it, especially on social media.

Social Media

Your Kin Games media accounts are public to everyone, it represents your team as individuals, your university, Kin Games, and kinesiology. Therefore, your content needs to be held to a higher standard. Every school needs to clean up their pages and ensure no more inappropriate behaviours are posted. That includes vulgar language, drinking, drugs, inappropriate clothing, etc. If you have to ask yourself "is this appropriate?" it probably isn't.

If your school fails to follow these expectations, consequences will follow.

Appropriate warnings will be given, as we know this is a new expectation, however, if these rules are not respected or followed even after warnings, we will have no choice but to remove individuals from your team or your school as a whole.

Conference

More detailed information and expectations will come as you sign the liability form, and as we get closer to the conference. However, as a reminder, there will be **NO** exceptions or warnings for misconduct or misbehaviour at the conference. Any illegal activity, drinking or taking illegal substances on campus, misrepresenting Kin Games in any manner, etc., will result in your wristband being snipped and immediate removal of Kin Games (you will no longer have access to the hotel, and pay for your own transportation back home). These restrictions and rules will help build our reputation, so I thank you all in advance for obliging them.

Liability Form

This year teams will again be required to submit a liability form prior to the conference. This form outlines the policies and values of the 2024 Kinesiology Games. We will be requiring the signature of an authoritative figure within your school's faculty. This can include a dean, professor, or academic advisor. This person will be the point of contact if something is to occur at the event. We are hoping to never have to contact this person, however, this will help continue to grow respect amongst faculty members.

Each of you is representing not only your school, but the program of Kinesiology as a whole across Canada. This form serves as a reminder that we will not tolerate inappropriate or disrespectful behaviour. The Liability Form will later be emailed to captains, with a due date.

If you have any outstanding questions, please feel free to leave a comment, or send a message via email to rdreyer@kingames.ca or apurdie@kingames.ca or Instagram [@kinesiologygames](https://www.instagram.com/kinesiologygames). We genuinely cannot wait to meet you all or see you again!

Peace, Love & KG 😊

Rob and Amanda



*Please note that there are many things that can be subject to change. We hope to stay true to this but if a change does occur, we will let you know as soon as possible.

Thank you for your understanding*